

**“Growing and learning together with God.”**

## PE Long Term Plan - 2020 – 2021

Year	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
<b>Reception</b>	<b>Locomotion:</b> Walking and Jumping		Ball Skills Hands 1		<b>Gymnastics:</b> High, Low, Over, Under		<b>Dance</b> Nursery Rhymes		Ball Skills Feet		Games For Understanding	
<b>Year 1/2</b>	<b>Locomotion:</b> Running	<b>Gymnastics:</b> Wide, Narrow, Curled	Ball Skills Hands 1	<b>Gymnastics:</b> Body Parts	Ball Skills Feet	<b>Dance:</b> Growing	Ball Skills Hands 2	<b>Dance:</b> The Zoo	<b>Locomotion:</b> Jumping	Games For Understanding	Health and Wellbeing	Health and Wellbeing
<b>Year 3</b>	<b>Invasion:</b> Netball	<b>Gymnastics:</b> Linking	<b>Invasion:</b> Handball	<b>Gymnastics</b> Symmetry & Asymmetry	<b>Invasion:</b> Basketball	<b>Dance</b> Wild Animals	<b>Invasion:</b> Tag Rugby	<b>Dance:</b> Weather	<b>Net / Wall</b> Tennis	<b>OAA:</b> Problem Solving	<b>Striking &amp; Fielding</b> Rounders	<b>Athletics</b>
<b>Year 4/5</b>	<b>Invasion:</b> Netball	<b>Gymnastics:</b> Symmetry & Asymmetry	<b>Invasion:</b> Handball	<b>Gymnastics:</b> Bridges	<b>Invasion:</b> Basketball	<b>Dance:</b> Cats	<b>Invasion:</b> Tag Rugby	<b>Dance:</b> Space	<b>Net / Wall</b> Tennis	<b>OAA:</b> Problem Solving	<b>Striking &amp; Fielding</b> Rounders	<b>Athletics</b>
<b>Year 5/6</b>	<b>Invasion:</b> Netball	Health Related Exercise	<b>Invasion:</b> Football	<b>Gymnastics:</b> Matching & Mirroring	<b>Invasion:</b> Basketball	<b>Dance:</b> Carnival	<b>Invasion:</b> Hockey	<b>OAA:</b> Orienteering	<b>Striking &amp; Fielding</b> Rounders	<b>Net / Wall</b> Tennis	<b>Striking &amp; Fielding</b> Cricket	<b>Athletics</b>