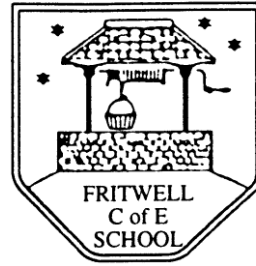


Headteacher: Mrs Debbie McLeod  
Fritwell C of E Primary School  
East Street,  
Fritwell,  
Oxfordshire,  
OX27 7PX.



Tel No: 01869 345283

Email: [office.3065@fritwell.oxon.sch.uk](mailto:office.3065@fritwell.oxon.sch.uk)

## **Fritwell Church of England Primary School**

### **Sex and Relationships Policy**

**"Growing and learning together with God."**

Children at Fritwell Church of England School are confident and inspired. They achieve personal success and show love and respect for all.

#### **Definition**

Sex and relationships education is learning about sex, sexuality, emotions, relationships, sexual health and ourselves.

Effective sex and relationships education is essential if young people are to make responsible and well informed choices. It can make a significant contribution to the development of the personal skills needed by pupils if they are to establish and maintain relationships and will enable them to make responsible and informed decisions about their health and wellbeing.

#### **Aims and Objectives**

The objective of sex and relationship education is to help and support young people through their physical, emotional and moral development.

This policy is a working document which provides guidance and information on all aspects of sex and relationships education in the school for staff, parents/carers and governors.

This policy has been drawn up after consultation with the parents of our school, so that it reflects their wishes and the culture of the community we serve. Our sex and relationships education begins to prepare our children for adult life and is delivered within a moral, family orientated and Christian framework.

#### **Equal Opportunities**

The school is committed to the provision of sex and relationships education for all of its pupils. Our programme aims to respond to the diversity of children's cultures, faiths and family backgrounds.

This will be achieved by:

- generating a trusting, safe atmosphere where questions can be asked and answered openly and without embarrassment when appropriate.
- making sex and relationships education an integral part of our Personal, Social and Health Education (PSHE) programme.



- providing information which is easily understood, relevant and appropriate to the age and maturity of the pupils.
- delivering the sex and relationships programme by adults with whom the pupils are familiar or in conjunction with trained health professionals.

### **Coverage**

In the Foundation Stage, children will learn about the concept of male and female and about young animals. In ongoing PHSE work they develop skills to form friendships and think about relationships with others.

In Key Stage 1 children will learn:

- That animals, including humans, feed, move, grow, use their senses and reproduce
- To recognise and compare the external parts of the bodies of humans
- That humans and animals can produce offspring and these grow into adults
- To recognise similarities and differences between themselves and others and treat others with sensitivity
- To identify and share their feelings with one another
- To recognise safe and unsafe situations and identify someone they are able to talk to and trust

In Key Stage 2 children will learn about:

- Life processes including nutrition, growth and reproduction
- The main stages of the human life cycle, including the physical changes that take place at puberty, why they happen and how to manage them
- How to express their opinions about relationships, and to listen to and support others, including respecting other people's viewpoints and beliefs.
- How to recognise their own worth and identify positive things about themselves and try to balance the stresses in life in order to promote their own mental health and the wellbeing of others.

Parents will be invited into school on an annual basis to understand the coverage of sex and relationships education at Year 5 and 6.

The following will be taught during Year 5 and 6 by the School Nurse and the class teachers:

- Changes in the body related to puberty, such as periods and voice breaking.
- When these changes are likely to happen and what issues may cause young people anxiety and how they can deal with these
- How a baby is conceived and born
- Menstruation and wet dreams

Additionally, should the subject of contraception come up, this will be discussed at the children's level.

### **Delivery**

Where possible sex and relationships education will be delivered through other curriculum areas, including Science and PSHE.

Sex and relationships education is normally delivered by class teachers, alongside the School Nurse in mixed gender groups other than when it is deemed more appropriate for topics to be covered in single sex groups. Occasionally, appropriate and suitably experienced and/or knowledgeable visitors from outside school may be invited to contribute to the delivery of the subject in school. We use the Channel 4 DVD "Living and Growing" to deliver the content.

### **Withdrawal from sex and relationships education**

Parents/Carers have the right to withdraw their children from all or part of the sex and relationships education provided at school except for those parts included in the statutory National Curriculum. Those parents/carers wishing to exercise this right will be invited to discuss their concerns with the Headteacher in the first instance,

### **Child protection and confidentiality**

Teachers need to be aware that effective sex and relationship education, which brings an understanding of what is and is not acceptable in a relationship, may lead to disclosure of a child protection issue. The staff member will inform the Headteacher/designated child protection person in line with the LA procedures for child protection. A member of staff cannot promise confidentiality if concerns exist.

See Safeguarding Policy regarding procedures when dealing with disclosures of a child protection issue, including Forced Marriages and Female Genital Mutilation.

### **Monitoring and Evaluation**

The provision of sex and relationships education will be evaluated through teacher reflections and evaluations after the delivery of lessons. This will be monitored by the subject leaders through the class teacher's planning.

The input of visitors will be monitored and evaluated by staff and pupils. This will inform future planning.

The policy will be monitored by the Headteacher and the Governors and will be reviewed biannually unless there is new legislation or guidance from the government.

D. McLeod  
June 2016

**Review: June 2018**

