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# "Growing and learning together with God."

# **Toileting and Intimate Care Policy**



'Growing and learning together with God'. Our Vision is rooted in the Parable of the Sower - that Fritwell School is the good soil in which our children are able to flourish and grow as individuals. Children at Fritwell Church of England School are confident and inspired. They achieve personal success and show love and respect for all.



# Introduction

Fritwell is aware that all learners need open access to clean, well-stocked and safe toileting provision and that some learners may require assistance from members of staff for personal care, including toileting, either due to the age and developmental level of the student, or as a result of disability or medical need. Fritwell respects our learners and encourages them to achieve their potential. This includes encouraging them to be as independent as they are able with their personal care. We will ensure that our learners are treated with dignity and respect. We will ensure our learners are as independent as possible.

# Aims

The toileting and intimate care policy aims to provide a clear framework for staff to ensure the safety and dignity of all learners when using the toilet and for those who need support with personal care, including toileting and continence management. It will also clarify for learners and their families the support they can expect from school.

# **School responsibilities**

- We will work with the whole school community to ensure access to clean, well-stocked private and safe toilet facilities for all.
- We will work with learners, parents/carers to promote bladder and bowel health and maximum possible continence.
- A written record will be kept of all support with intimate care. This will include the date and time of the care, who was present and any care given. Parents should be kept informed of when children have needed to be changed.
- Good hygiene will be observed, including the use of gloves, hand washing and appropriate disposal of soiled items (clothes bagged, nappies in nappy bin etc).
- School will ensure that anyone who undertakes intimate care is an employee of the school and has had appropriate safeguarding checks. We strive for consistency of care and aim for the child's key persons or persons named on their care plan to provide support with intimate care to a learner. If, in exceptional circumstances, none of these staff members for an individual are available, school will contact the family for consent to involve a different member of staff.
- Beyond the Early Years and where learners are not able to be fully continent, we will ensure that an individual care plan is written to ensure their needs are clarified and met. The learner will be included in discussions about the care plan, unless this is clearly inappropriate, as will their family. Relevant healthcare professionals may also be consulted. The care plan will be reviewed at least annually or sooner if the learner's needs change.
- School will work with all learners to promote positive self-esteem and body image and independence with self-care as far as is appropriate and practical.

• School will act according to their safeguarding policy and procedures if there are any concerns for the learner's wellbeing.

#### Parent/carer responsibilities

- Parents/carers must ensure that they provide all relevant information to school, as soon as possible, so that the needs of their child can be met. This includes the nature of their child's needs, details of any healthcare professionals involved including specialist nurses, as well as any changes in their medication, care or condition.
- Parents/carers must ensure that they work towards their child achieving the maximum possible level of independence at home.
- Parents/carers must make sure that school always has required equipment available for their child's intimate care or toileting needs, including nappies, wipes and spare clothes where appropriate.
- Parents/carers must ensure that school always has their emergency contact details.

#### Learner responsibilities

- To respect the toileting space and others use of that space and right to privacy.
- To let school staff know if there is a problem with respect to the toileting/intimate care spaces
- To be as involved as possible in their intimate care and with their care plan.
- To let school staff know when they are aware that they need assistance.
- To let their parent/carer or a trusted member of school staff know if they have any concerns or feel uncomfortable at any time.

#### **Related documentation**

When reading this policy please be aware of and refer to the following related documents:

- Safeguarding and Child Protection Policy
- Prevent Policy
- Health and Safety Policy
- EYFS Policy

Policy Agreed by the Governing Body on ...16th January '24...

Signed .....R. Cornish..... Chair of Governing Body

Review Date ... January '26.....